



From **February 1 - 29**, companies across Middle and West Tennessee come together for a friendly competition benefitting Second Harvest Food Bank of Middle Tennessee.

All funds raised will support Second Harvest and its mission to provide food to people facing hunger and work to advance hunger solutions.

How Does Spread the Love Work?

Participating companies compete to raise the most peanut butter, volunteer hours, and money!

Donate Food. Each pound of food donated earns your team one meal.

Donate Money. Each company will have a page within the Spread the Love Virtual Food Drive where employees and their networks can donate online. \$1 = 4 meals.

Donate Time. Every hour volunteered earns your team one meal. For example, if 4 people from your company volunteer for 3 hours, your team will raise 12 meals.

Informational Sessions
for Team Leaders

Thursday, January 11
8:30am-9:15am

Monday, January 15
12:30pm-1:15pm

Earn 25 bonus points
for attending!

Companies will be recognized that:

- Raise the most overall (money, volunteering, and peanut butter)
- Raise the most peanut butter
- Provide the most volunteer hours
- Company that raises the most from our Camden branch
- Company that raises the most from our Smyrna branch



Find out more at secondharvestmidtn.org/love

