



2021-2022 ANNUAL REPORT



MISSION

Second Harvest Food Bank of Middle Tennessee's mission is to provide food to people facing hunger and work to advance hunger solutions.

LETTER FROM THE PRESIDENT & CEO

Throughout another challenging year, your generous support of Second Harvest Food Bank of Middle Tennessee helped provide vital, nutritious food for countless children, families, and seniors facing hunger in our community. Second Harvest began the fiscal year in the middle of a continuing global crisis unlike any we have ever experienced. With the emergence of new variants, new closures, and continued economic hardship, the “unprecedented times” we’ve collectively been enduring have lasted longer than any of us could have imagined. Yet, as the year progressed, the changes and challenges evolved into new opportunities for growth and innovation across our 46-county service area.

Partnering with Amazon and Lyft, we delivered food directly to people who were homebound. A new produce box program enabled our organization to turn bulk produce donations into volunteer-packed boxes, filled with a variety of fruits and vegetables, which were safely delivered out into the community. Local school and college food pantry programs helped students and families access the food they needed so they could learn and thrive. And our continued focus on the correlation between hunger and health developed into new partnerships with local health systems and the creation of new food pharmacies in our communities.

This all occurred against a backdrop of supply chain bottlenecks and other economic forces that touched every aspect of our operations. Overcoming these challenges was no easy feat. Second Harvest pushed forward and worked towards our mission thanks to the help of selfless volunteers, generous donors, hardworking staff, devoted board members, and a network of more than 420 Partner Agencies that work tirelessly to serve their communities.

In this report, you will read about the many ways you have helped make a positive and lasting impact for those facing hunger in Middle and West Tennessee. People like Korina, who relied on food you provided to be able to pursue, and achieve, her dream of graduating college. And John, who was forced to retire from his career as a corrections officer due to a medical condition now relies on meals provided through a Second Harvest Partner Agency to make ends meet.

As we embark on a new fiscal year, we’re hopeful for the future. The last couple of years have shown us what we’re capable of and what we can accomplish when we all work together. Thank you for believing in us and for standing alongside us. We couldn’t do this work without you.



Nancy

NANCY KEIL
President & CEO



OUR CORE VALUES

Collaboration • Inclusion • Innovation • Integrity • Wellbeing

HOW WE WORK

WHERE IT ALL STARTS

Our food comes from a variety of sources. We receive donated and surplus food from grocery stores, farms, manufacturers, distributors, and individuals. We then bring the food to one of our three facilities where it's inspected and sorted by volunteers, then safely stored for future distribution.

WHERE IT GOES

Our Partner Agencies include after-school programs, congregate meal sites, senior centers, and other nonprofits that provide food to people facing hunger. Each community agency has unique needs. We send them as much food as they can safely store, and the right types of foods to keep their clients healthy and happy. Together, we're fighting hunger and Feeding Hope®.

WHAT WE DO

Storing and delivering food safely is a complex undertaking, requiring warehouse space, refrigerated trucks, fuel, drivers, and so much more. In addition to accepting surplus food, we also raise funds and write grants to buy food at bulk prices, fund feeding programs, and cover operating costs.

SECOND HARVEST FOOD BANK OF MIDDLE TENNESSEE

WHY WE'RE INDISPENSABLE

Massive quantities of food get dumped into landfills, yet 1 in 8 Middle and West Tennesseans is at risk of hunger. This is partially a logistics problem. Thanks to our donors and volunteers, we have the space and the workforce to manage large shipments, break them into smaller units, and send them at the right time and in the right quantity to our network of Partner Agencies across 46 counties.

FEEDING PROGRAMS

At-Risk Afterschool Meal Program

Second Harvest sponsors 9 At-Risk Afterschool Meal Programs in Middle Tennessee and provided nearly 50,000 meals to participating children. The program runs for 10 months during the school year, and food costs are reimbursed through the Child & Adult Care Food Program (CACFP).

BackPack Program

The Backpack Program provides easy-to-prepare food for at-risk children on weekends and during school breaks when other resources are not available. More than 5,400 children received Backpacks each week.

Commodity Supplemental Food Program (CSFP)

CSFP works to improve the health of low-income elderly persons at least 60 years of age by supplementing their diets with nutritious USDA Foods. CSFP is a USDA-funded program that is contracted by the Tennessee Department of Health and provides a monthly food box to participating low-income seniors.

Emergency Food Box Program

The Emergency Food Box Program provides food assistance to individuals and families on an urgent-need basis through 11 sites in Davidson County. More than 1 million meals were provided through emergency food boxes, which include two to three days of staple food items based on the number of people in the household.

Farm to Families

The Farm to Families Program engages farmers and Partner Agencies to supply locally grown, nutritious produce to those in need, ensuring less food goes to waste.

Grocery Rescue Program

Second Harvest rescues, sorts, and distributes frozen meat, dairy, produce, and dry groceries from more than 300 grocery stores and food donors. The Grocery Rescue Program rescued more than 6.7 million pounds of food.

Kids Cafe

Kids Cafe provides free meals, snacks, and nutrition education to at-risk children through a variety of community programs during the school year and in the summer months. Participating children received nearly 24,000 meals and snacks.

Mobile Pantry

Second Harvest coordinates large-scale, one-day distributions with Partner Agencies to provide food directly to individuals and families in need. A typical Mobile Pantry provides a family with one to two weeks of groceries. More than 140,000 individuals received assistance through this program.



Volunteers gathered to **distribute fresh fruits, vegetables, and shelf-stable essentials to over 300 households** at a Mobile Pantry held at Destiny Center, a Second Harvest Partner Agency in Rutherford County.

Partner Agencies

Second Harvest distributes food and other products to more than 420 community Partner Agencies in Middle and West Tennessee. Partners include food pantries, congregate meal sites, shelters, childcare facilities, senior centers, group homes, and enrichment centers.

Second Harvest is grateful to have partnered with The Branch of Nashville, one of our Partner Agencies, to **provide produce for over 200 culturally-informed food boxes** as part of a Ramadan project. This project served as part of a larger effort to welcome Afghan refugees to our Middle and West Tennessee communities.



Project Preserve®

Project Preserve® leverages economies of scale, manufacturing, and logistics expertise to provide a comprehensive co-op and manufacturing program for Partner Agencies and the Feeding America food bank network. This operation produces boil-in-a-bag and tray-pack meals and assembles custom disaster relief and feeding program products.

School Food Pantry Program

The School Food Pantry Program increases food access for schoolchildren and their families. School-based pantries have a permanent residence on-site where food is delivered and distributed each month. Nearly 300,000 meals were provided through 50 sites.

Senior Nutrition Program

The Senior Nutrition Program provides low-income seniors with food resources that are nutritious, easy-to-prepare, and shelf-stable. The “senior packs” are distributed weekly or monthly depending on our Partner Agency needs.

Summer Food Service Program (SFSP)

Second Harvest sponsors the Summer Food Service Program (SFSP) at sites throughout Middle Tennessee each summer. Through this program, we provided more than 6,000 breakfasts and lunches in the summer of 2022 to help ensure that children continued to receive nutritious meals when school was not in session.



Our Summer Food Service Program (SFSP) is vital to families like Charlie's. Charlie now lives with her grandmother and older sister, Riley, after her mother suddenly passed away in 2019. The food she receives while attending Big Sandy CCOC is fueling her dreams to become an ELA teacher someday. It also means **Charlie never has to worry about where her next meal will come from** thanks to this program.

Supplemental Nutrition Assistance Program (SNAP) Outreach

Second Harvest offers SNAP outreach and application assistance at our Emergency Food Box sites, Mobile Pantry distributions, and Partner Agency locations. We share information about the benefits and provide prescreening for people who may qualify. Nearly 1,500 SNAP applications were completed by providing direct client assistance.

STORIES OF HOPE



The Lopez Family is Thankful for Your Generosity

Aura and her two daughters walked to Glenview Elementary in Davidson County to receive warm meals provided by Second Harvest, along with diapers and school items provided by the school. Five-year-old Angela was excited to see her teachers, and Aura was thankful for the food she received. "Thank you. Thank you. Thank you. This is wonderful," Aura said with appreciation.

**"Thank you.
Thank you.
Thank you.
This is
wonderful."**

Gladys & Casper Are Living Happier, Healthier Lives

Gladys and her son Casper just returned to Nashville to seek treatment for Casper's developmental disabilities. Casper's condition requires a special diet of mostly fresh vegetables. "Fresh food...let's face it," Gladys says, "That's the most expensive food on the shelves." Living with a limited income and no car makes getting the vegetables Casper needs challenging. When Gladys heard about the Juneteenth Health & Wellness Fair sponsored by Meharry Medical Clinic and UnitedHealthcare, she was ecstatic! The family received a medical checkup and fresh produce from Second Harvest. "It might just be me and Casper," Gladys says, "but I am not doing this alone!"

**"It might just
be me and
Casper, but I
am not doing
this alone!"**



You're Setting Katelin Up for Success

Katelin, a fifth grader in Warren County, is really committed to getting good grades. After school, you'll find her plugging away at her homework. Her mom works long hours as a Certified Nursing Assistant. "My mom works extra hard," Katelin says. That's why coming to the Kids of the Community Afterschool and Summer Programs is such a great experience for Katelin. **"It can be tough to get homework done on an empty stomach,"** she says. **"We get big suppers here so that is nice to have before we start our schoolwork."**

You Help Richard Afford Crucial Medication

Richard's diabetes requires him to monitor his glucose, take insulin, and eat a variety of fresh, nutritious food. Unfortunately, insulin and healthy food are more than Richard can afford. "One of my prescriptions is \$700 a month and the other is \$600 a month," he says. Fortunately, with the help of Second Harvest and the United Ministries Food Bank of Robertson County, Richard can get the food he needs, which means he can more easily afford his medication! **"If it weren't for y'all,"** Richard says, **"I'd be in trouble. Y'all are awesome people."**



Forced to Stop Work, John Turns to Second Harvest

John loved his career as a corrections officer, but a medical condition forced him into retirement. While John's family still has his wife's income as a hairdresser, it isn't enough. Waiting for John's disability benefits application to be processed, they are quickly using up the limited savings they have. They know they won't last long. "It's been tough waiting to see if I can get benefits," he says. They are grateful to receive help from St. Paul Missionary Baptist Church, a Partner Agency located in Decatur County. **"The food means a lot and I'm thankful to receive it,"** John says.



Scan the QR code with your smart phone's camera to see more Stories of Hope.

OUR IMPACT



41.6 M

Pounds of Food Distributed



35.2 M

Meals Provided



45,017

Hours Generously Donated
by Dedicated Volunteers

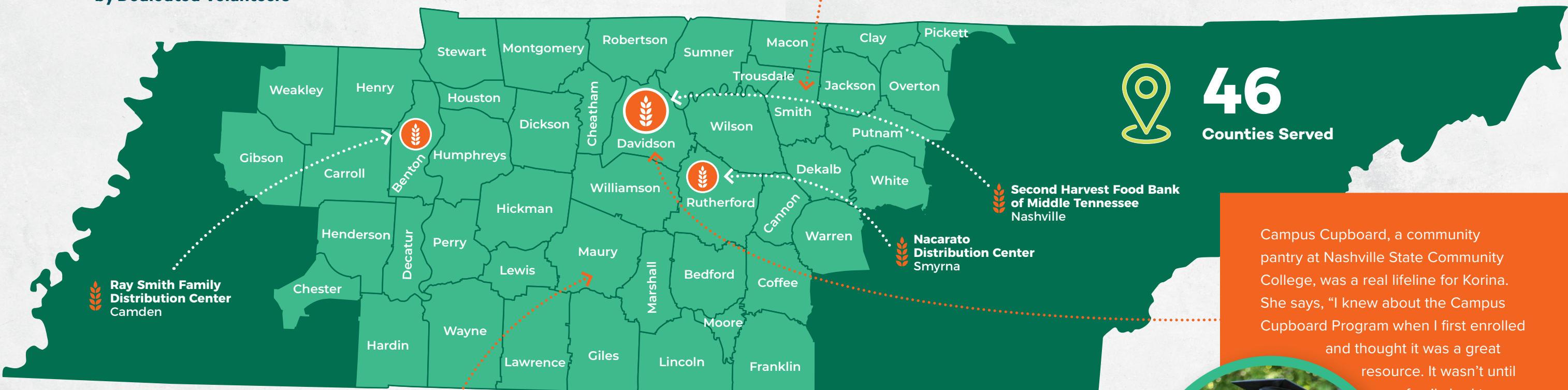


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Mobile Pantries

Dorothy has been a client of Living Waters Mobile Pantry when she was in need of food assistance, and a volunteer helping neighbors receive the support they need.

"This is what we do in Smith County, everybody loves everybody. We all get along and we all help each other where we can and when we can," Dorothy shared with us. **"That is one of the reasons I love this town. I love it here."**



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Counties Served



In the last five years, Farm Bureau Health Plans has helped Second Harvest distribute more than 125,000 pounds of food to more than 1,200 households in Maury County by sponsoring Mobile Pantries. "Being of service is fundamental to who we are as a company," said CEO Anthony Kimbrough. **"Giving back to the community through Second Harvest is just another way we can support our neighbors during a tough time."**



11.3 M

Pounds of Fresh
Produce Distributed



96 ¢

Of Every Dollar Donated Goes
Directly to Feeding Programs



Campus Cupboard, a community pantry at Nashville State Community College, was a real lifeline for Korina. She says, "I knew about the Campus Cupboard Program when I first enrolled and thought it was a great resource. It wasn't until my family had to use it that I truly understood how vital it is." **Thanks in part to this resource, Korina achieved her lifelong dream of graduating from Nashville State Community College!**

FIGHTING HUNGER, FEEDING HOPE®

Confronted with new COVID-19 variants and dealing with all-time high inflation, Second Harvest collaborated with partners and supporters to fight food insecurity and meet the growing need for our neighbors in Middle and West Tennessee.



On-Site Food Pantries in Healthcare Clinics Address Health and Hunger

Made possible by a grant from UnitedHealthcare, patients who come in for wellness check-ups, sick visits, or vaccinations are able to access food from pantries at eight Neighborhood Health Clinics in Davidson and Wilson Counties. This year, Second Harvest's partnership with Neighborhood Health provided more than 1,050 patients with nearly 50,000 pounds of food – equaling nearly 42,000 meals.

Celebrating for a Good Cause

Events were back this year! Dinner with a purpose, Songwriter's Night, Ode to Otha, Stars for Second Harvest, and even a pared-down version of Generous Helpings, were lively reminders of how generous this community is. Your support and attendance at these events helped raise an incredible \$413,000 to provide 1.6 million meals!

Local Farmers Deliver Hope

Dillon Watson dropped off fresh produce from River Run Farm that was then sorted by our amazing volunteers at the Martin Distribution Center. On this day, Dillon delivered 88 pounds of carrots, zucchini, and squash that were then distributed across our 46 counties in Middle and West Tennessee.



Giving Thanks by Giving Back

At Henderson Community Soup Kitchen, a Second Harvest Partner Agency, community members gathered to enjoy a Thanksgiving meal of roast turkey and all the fixings with the help of generous volunteers. This year's annual Thanksgiving meal service provided more than 150 neighbors with a hot meal and an opportunity to gather and give thanks.



Volunteering while Learning Important Skills

Tennessee School for the Blind has been volunteering at Second Harvest for the last five years. By volunteering, the students are able to give back while learning important skills like teamwork and collaboration. "They like the feeling of helping other people. So often they are the recipients of charity, but this is their opportunity to help others and they love that!" Robin from the school shared.

Titan Up

























His team may not be competing in the Super Bowl; however, one Tennessee Titans super fan celebrated an incredible season with an incredible act of generosity. Chris Casa Santa of Joelton and his wife, Tricia, have been Titans season tickets holders since the team moved to Nashville. Two seasons back, the retired school guidance counselor decided to make the games a little more interesting. He committed to donating \$10 to Second Harvest for each time the Titans stopped their opponent on the third down. Over the past two seasons that has equaled \$2,100 - providing 8,400 meals to our neighbors facing hunger.

























The Commodity Supplemental Food Program (CSFP) assists our senior neighbors by delivering healthy food options from the USDA directly to their doors. One of our neighbors who participates in CSFP left this note to show their gratitude for these deliveries.

PROUDLY SERVING 46 COUNTIES

in Middle and West Tennessee

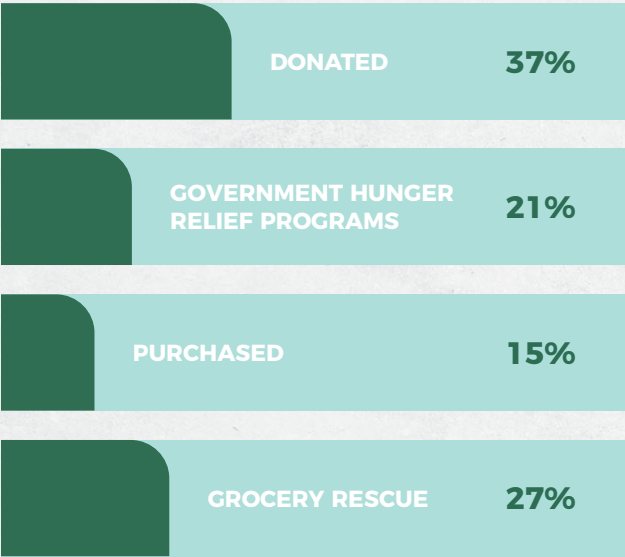
COUNTY	Partner Agencies	Food-Insecure Individuals	Food-Insecure Children	TOTAL MEALS PROVIDED
 BEDFORD	13	6,290	2,060	1,013,325
 BENTON	5	2,800	590	355,459
 CANNON	1	2,030	490	179,972
 CARROLL	4	4,150	1,090	319,731
 CHEATHAM	4	4,500	920	277,591
 CHESTER	3	1,890	470	188,552
 CLAY	1	1,420	320	140,687
 COFFEE	18	8,200	2,380	1,514,917
 DAVIDSON	125	85,410	27,420	9,307,164
 DECATUR	3	1,780	440	231,476
 DEKALB	5	3,430	880	322,433
 DICKSON	4	6,380	1,560	552,744
 FRANKLIN	4	6,360	1,540	364,862
 GIBSON	8	6,850	2,150	730,019
 GILES	8	4,010	970	521,283
 HARDIN	4	3,750	910	528,712
 HENDERSON	7	4,390	1,050	406,196
 HENRY	6	5,240	1,450	448,760
 HICKMAN	2	3,150	670	453,199
 HOUSTON	3	1,190	290	157,697
 HUMPHREYS	6	2,580	600	392,049
 JACKSON	1	1,860	390	290,790
 LAWRENCE	7	6,650	1,790	425,815
 LEWIS	3	1,980	470	863,366

COUNTY	Partner Agencies	Food-Insecure Individuals	Food-Insecure Children	TOTAL MEALS PROVIDED
 LINCOLN	5	4,500	1,160	265,931
 MACON	4	3,540	930	286,214
 MARSHALL	4	4,960	1,320	342,437
 MAURY	20	10,080	2,870	1,223,623
 MONTGOMERY	21	24,830	9,160	1,659,611
 MOORE	1	650	100	46,162
 OVERTON	2	3,390	780	297,217
 PERRY	1	1,500	420	205,069
 PICKETT	1	800	180	69,363
 PUTNAM	21	10,870	2,540	836,240
 ROBERTSON	6	7,460	2,120	477,772
 RUTHERFORD	22	32,690	9,840	2,396,433
 SMITH	2	2,610	650	249,588
 STEWART	5	1,810	460	261,312
 SUMNER	19	20,020	5,400	1,277,368
 TROUSDALE	3	1,190	250	132,319
 WARREN	4	6,960	2,090	455,300
 WAYNE	3	2,380	470	196,828
 WEAKLEY	5	4,990	1,190	351,827
 WHITE	5	3,710	850	300,639
 WILLIAMSON	9	14,280	1,450	2,539,078
 WILSON	19	13,650	3,240	879,826
TOTALS	427	353,160	98,370	34,736,955

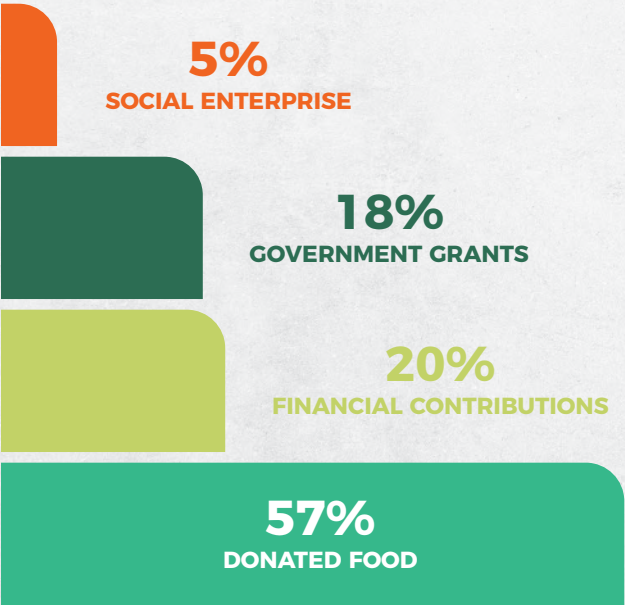
Food insecurity data from Feeding America's Map the Meal Gap 2020 study, the most recent year the data was collected.

OUR RESOURCES

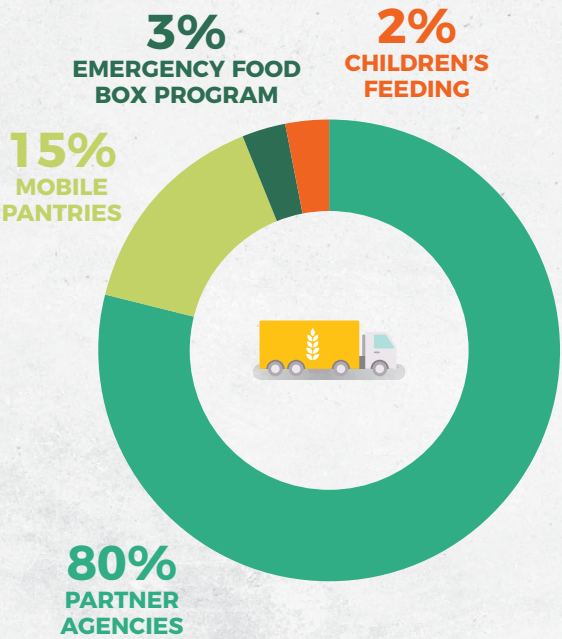
WHERE OUR FOOD COMES FROM



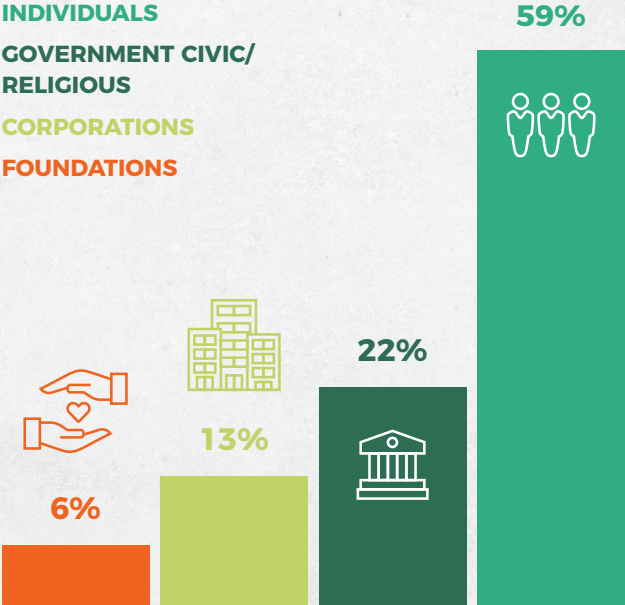
WHERE OUR RESOURCES COME FROM



WHERE OUR FOOD GOES



WHERE OUR FUNDING COMES FROM



STATEMENT OF ACTIVITIES

PUBLIC SUPPORT AND REVENUE	Without Donor Restrictions	With Donor Restrictions	TOTALS
DONATED FOOD	52,191,656	-	52,191,656
CONTRIBUTIONS	14,862,617	2,733,041	17,595,658
CONTRIBUTIONS (NON-FINANCIAL ASSETS)	79,049	-	79,049
GOVERNMENT GRANTS (CASH)	2,387,125	-	2,387,125
GOVERNMENT GRANTS (COMMODITIES)	14,517,558	-	14,517,558
SPECIAL EVENTS AND ACTIVITIES	413,680	-	413,680
Less: direct benefits to donors	(67,908)	-	(67,908)
INVESTMENT INCOME (LOSS), NET	(3,695,919)	-	(3,695,919)
AGENCY TRANSPORTATION REIMBURSEMENT AND OTHER INCOME	226,379	-	226,379
NET ASSETS RELEASED IN SATISFACTION OF PROGRAM RESTRICTIONS	1,984,561	(1,984,561)	-
TOTAL PUBLIC SUPPORT AND REVENUE	82,898,798	748,480	83,647,278

REVENUE - PROJECT PRESERVE® PROGRAM	Without Donor Restrictions	With Donor Restrictions	TOTALS
SALES TO OUT OF AREA NETWORK AGENCIES, NET OF DISCOUNT	43,241,309	-	43,241,309
SALES TO LOCAL AGENCIES	2,719,483	-	2,719,483
DONATED FOOD	167,466	-	167,466
TOTAL REVENUE PROJECT PRESERVE® PROGRAM	46,128,258	-	46,128,258
LESS DIRECT COSTS & EXPENSES PROJECT PRESERVE® PROGRAM	(41,181,152)	-	(41,181,152)
GROSS PROFIT FROM PROJECT PRESERVE® PROGRAM	4,947,106	-	4,947,106
TOTAL SUPPORT AND REVENUE	87,845,904	748,480	88,594,384

EXPENSES	Without Donor Restrictions	With Donor Restrictions	TOTALS
PROGRAM SERVICES			
Emergency Food Box	2,576,345	-	2,576,345
Community Food Partners	62,224,710	-	62,224,710
Children's Programs	2,092,384	-	2,092,384
Mobile Pantry	14,449,633	-	14,449,633
TOTAL PROGRAM SERVICES	81,343,072	-	81,343,072
SUPPORTING SERVICES			
Management & General	1,292,115	-	1,292,115
Fundraising	3,414,936	-	3,414,936
TOTAL SUPPORTING SERVICES	4,707,051	-	4,707,051
TOTAL EXPENSES	86,050,123	-	86,050,123
CHANGE IN NET ASSETS	1,795,781	748,480	2,544,261
NET ASSETS - BEGINNING OF YEAR	51,704,985	1,547,251	52,252,236
NET ASSETS - END OF YEAR	53,500,766	2,295,731	55,796,497



**Second Harvest Food Bank
of Middle Tennessee**
331 Great Circle Road
Nashville, TN 37228
secondharvestmidtn.org

OUR VISION

A community where no one is hungry.



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