

TABLE TOPICS

Summer 2019

You're Making This a



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Kids Healthy
and Happy*

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Letter from the President & CEO

You Make Amazing Things Possible

Dear Friend,

At school, free and reduced-price meal programs provide a safety net for children. But with those programs on hold during summer break, our local kids are at serious risk of hunger.

As I prepare for my last *Hunger Free Summer* campaign and my June 30 retirement, I've spent some time reflecting on my 31 years here at Second Harvest.

When I first started, I met two young parents who were struggling with job loss. Both had master's degrees, but there was a recession, and they needed our help to feed their child.

They worked hard to get back on solid ground. And then they joined us as donors, investing

in their neighbors experiencing hunger.

I'm humbled to have witnessed countless success stories like this. Over the years I've seen our impact grow substantially, mostly because we continuously adapt to meet the changing needs of the communities we serve.

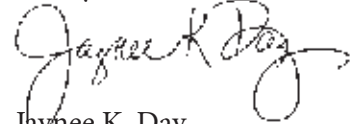
That's why it's critical that we raise the remaining funds for our current capital campaign. This evolution will allow us to share more food more efficiently, especially fresh produce and rescued groceries.

I feel so confident leaving my leadership role at this moment because Second Harvest's compassionate staff understand hunger

and are driven to solve it. I'm truly grateful we have the resources and ability to help ensure people have good, nutritious food on the table.

Thank you for the faith you've put in Second Harvest. You are the heart and soul of the work we do, and it wouldn't be possible without you. Please continue your commitment to Second Harvest as we begin this new chapter.

All my best,



Jayne K. Day
President & CEO



OUR MISSION
TO FEED HUNGRY PEOPLE
AND WORK TO SOLVE
HUNGER ISSUES IN OUR
COMMUNITY

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You're Filling Kids' Plates

TRAYVON IS ONE OF THE MANY SMILING FACES AT PROJECT REFLECT.

Thanks to friends like you, our partners can feed children who might otherwise go hungry in the summer when free school meals are unavailable.

One such agency — Project Reflect — is reaching kids in Madison with the healthy food they need to thrive this summer.

Sister Mary has managed Project Reflect's meal program for two decades and sees firsthand the difference made by your generous support. She says many of the kids she serves don't have much support and are at risk of falling behind in school.

The meals don't just nourish kids' minds and

bodies. The meals also provide a sense of security, because the kids know where their next meal is coming from. Sister Mary says the food you provide also gives children energy to focus on activities and their studies.

"Because of the healthier meals, they're all able to pay attention and understand what is being taught at school," she says of the program's impact.

Project Reflect partners with Second Harvest to provide evening meals during the school year and a nutritious breakfast and lunch during the summer months. If struggling parents aren't able to afford the program's small weekly fee, they can cover the cost with volunteer hours.

If it weren't for your support, Second Harvest wouldn't be able to fill children's plates with fresh, healthy food through important partners like Project Reflect. Thank you for helping feed hungry children!

“Because of the healthier meals, they're able to pay attention and understand what is being taught at school.”

While Teaching Her Children, Aviva Learned Something Important

When Aviva Wasserman's children were small, she brought them to Second Harvest for family volunteer nights. She wanted her kids to see how fortunate they were and to understand that not everyone is so lucky.

"It turned out the message I wanted THEM to get had a large impact on ME!" she says. "There are so many things that should be a right and not a privilege, food security among them."

Aviva, who lives in Nashville, sometimes feels overwhelmed by the enormity of community needs.

But she knows at Second Harvest — where \$1 helps provide four meals — even small acts can make a big difference. That's why she's been a monthly donor for the past seven years.

Please join Aviva as a *Second Helpings* monthly donor at secondharvestmidtn.org/monthly. Ready to upgrade your monthly donation? Call Destiney Patton at (615) 627-1611.



Find past issues of our newsletter and donor acknowledgment page at secondharvestmidtn.org/news-room.
Your suggestions and comments for *Table Topics* are always appreciated! Please send an email to news@secondharvestmidtn.org





ABEL AND LAQUINTON



JEAN



JANIAH



SHANE, AMBER
AND SHAINA

Thank You for Fighting Summer Hunger!

SAVE THE DATE

BLOCK PARTY BLOW-OUT
ODE TO OTHA | JUNE 1



Treat the family to some summer fun! Ode to Otha is the ultimate block party with live music, kid-friendly activities and food galore. This is the 25th year Bill and Lisa Ramsey have hosted this annual celebration of the legendary musician Otha Turner.

Join us from 2 to 9 p.m. June 1 at 1711 Sweetbriar Avenue in Nashville. Kids 12 and younger get in free. Adults pay \$30 at the door, and proceeds benefit Second Harvest. Learn more at othaturner.com.

STARS FOR SECOND HARVEST
RYMAN CONCERT | JUNE 4



Don't wait: Tickets always sell out for our Stars for Second Harvest benefit concert, which has previously featured superstars such as Blake Shelton, Dierks Bentley and Florida Georgia Line! Plan to be at Nashville's historic Ryman Auditorium at 6:30 p.m. June 4.

See the lineup and buy tickets at secondharvestmidtn.org/stars.

BE A FARMER FOR A DAY
GREEN THUMB NOT REQUIRED



Come on down to the farm, y'all! Through our Farm to Families program, your sweat equity helps provide fresh local produce to hungry people in Middle Tennessee. Volunteer tasks are available at our partner farms for ages 7 and up and may include weeding, mulching and harvesting. Learn about

local agriculture, gain some gardening skills, help prevent food waste and feel good knowing you're filling someone's empty plate with healthy food. Sign up at secondharvestmidtn.org/farm.



ELANA, HEIDI, AANAHI, AND DANIELA



Want to join Second Harvest as a hunger-relief champion?

We'd love to have you!
A variety of volunteer shifts
are available at all three of our
distribution centers.

Martin Distribution Center, Nashville
Nacarato Distribution Center, Smyrna
Ray Smith Family Distribution Center, Camden

Visit secondharvestmidtn.org/volunteer
for more information.

New Neighbors Are Fighting Hunger

Second Harvest relies on support from our caring community to ensure all the food donations we receive reach the people in our service area who need them most. Our dedicated friends from the New Neighbors League of Nashville have been generously giving time at Second Harvest since September 2012.

New Neighbors works to help folks who've recently moved to the Nashville area get acquainted with the city. Marilyn Cornish has spearheaded the group's volunteer efforts, and over the years, they've accumulated a total of 1,772 hours at Second Harvest!

Each month, anywhere from six to 25 New Neighbors members — and their friends and family — visit Second Harvest to sort and package food. They also help pack bags of kid-friendly snacks for the Backpack Program so students have enough to eat over the weekend.

Helping alleviate childhood hunger is very important to Marilyn. She knows many kids at her church receive meals through Second Harvest programs, and it gives her peace of mind to know these children have healthy food to help them learn and grow.

"These kids come in, and I know how hungry they are at the end of the school day," Marilyn says. "They're getting meals from Second Harvest."

Members of New Neighbors appreciate how easy it is to make a difference through their volunteer efforts. They want to give back to their community, and they always look forward to hearing about their impact at the end of their shifts.

"It's a great feeling when you finish," Marilyn says. "They tell you how much food you have sorted, and you know how many families that will affect."

We are so grateful to our friends from New Neighbors for their commitment to the fight against hunger here in Middle Tennessee. Thank you for your partnership in ensuring your community is fed!

“It's a great feeling when you finish. They tell you how much you have sorted, and you know how many families that will affect.”

Charles' Family Gives Thanks for You

Charles worked for many years in the trucking industry. But then he got injured, and his leg was amputated. Since then, his family's only income is disability assistance.

With rent claiming so much of his monthly check, providing for just himself and his wife was already a challenge for Charles. But the couple took in their four grandkids — ages 7, 10, 11, and 12 — when their parents couldn't care for them anymore.

Stretching Charles' budget to cover the family's monthly expenses would not be possible without you.

Fortunately, Charles heard about Helping Hands of Warren County, a Second Harvest Partner Agency in McMinnville. Helping Hands' food pantry connects Charles and his neighbors

Good nutrition is vital for Charles' youngest grandchild, who is fighting leukemia.

with healthy groceries throughout the year.

We met Charles on his very first visit to the pantry, and he explained what a relief it was to be able to access good, nutritious food. Affording groceries is even more of a struggle during the summer months when he and his wife must replace the meals the kids typically eat at school.

Good nutrition is especially vital for Charles' health and for his youngest grandchild, who is fighting leukemia. He was eager to share his gratitude for your support.

"God bless you," Charles says to friends like you. "[The pantry] is a blessing to all of us."



CHARLES IS THANKFUL FOR FRIENDS LIKE YOU!

Where There's a Will, There's a Way



As a person with strong core values, Corey Chatis decided to plan her estate at a young age. That way she could make certain her hard-earned assets benefit the causes she cares about most.

When deciding which nonprofits to include in her will, the Nashville woman had two criteria: 1) Their missions had to align closely to her values, and 2) they had to be run efficiently so her funds can do the most good.

Second Harvest met both criteria and was a natural fit since Corey knew the Food Bank well as both a volunteer and a donor.

"I know my gift will help local people in need and will be used strategically to have the greatest impact," she says.

Inspired by Corey? Learn more about leaving a legacy gift to Second Harvest by calling Marian Eidson at 615-627-1564.



MARISA AND PRESTON ARE AMONG SEVERAL CHILDREN THE GALLATIN SHALOM ZONE HELPS IN THE SUMMER.

Your Gifts Feed Children in Gallatin

“Just to see those kids when they don’t have breakfast ... they don’t function well,” says Onnesia Head, camp director at Gallatin Shalom Zone.

The free summer camp at Shalom Zone offers breakfast, lunch, and enriching activities for 65 local boys and girls throughout the month of June. Second Harvest provides breakfast during camp, and lunch for the rest of summer.

Because Onnesia works as a teacher during the school year, she understands the vital connection between nutrition and learning. She says kids are able to think more clearly when they’ve had a balanced meal. After a nutritious breakfast, the children she serves have energy to participate in the day’s programming.

Shalom Zone is in a low-income area of Gallatin, where Onnesia says there are many families in need. Parents often tell

her they’re struggling to afford groceries and express their gratitude for help feeding their kids.

Hungry children simply can’t thrive. By supporting childhood hunger relief during the summer, you’re preparing kids for success when classes resume in the fall.

“A huge thank you,” Onnesia says. “I don’t know where the parents would be without this.”

Thank you for fighting hunger here in Middle Tennessee. You’re laying the foundation for our community’s bright future through your generous support!

“A huge thank you. I don’t know where the parents would be without this.”



Second Harvest Food Bank of Middle Tennessee
The Martin Distribution Center
331 Great Circle Road
Nashville, TN 37228
secondharvestmidtn.org

To learn more about getting involved, join our online community @ 2HarvestMidTN



Or visit us online at
secondharvestmidtn.org

SETTING THE TABLE

for the future

Second Harvest Food Bank of Middle Tennessee Capital Campaign

We have a plan to close the 34 million meal gap by 2025 in Middle and West TN. The plan hinges on increasing our efficiency by converting to a hub-and-spoke distribution system. Here's why that's important:



Capacity

Roughly 50% of produce is thrown away across the country. With more storage space, we can rescue more food from grocery stores, food manufacturers, and farmers, and make it accessible to the people who need it most.



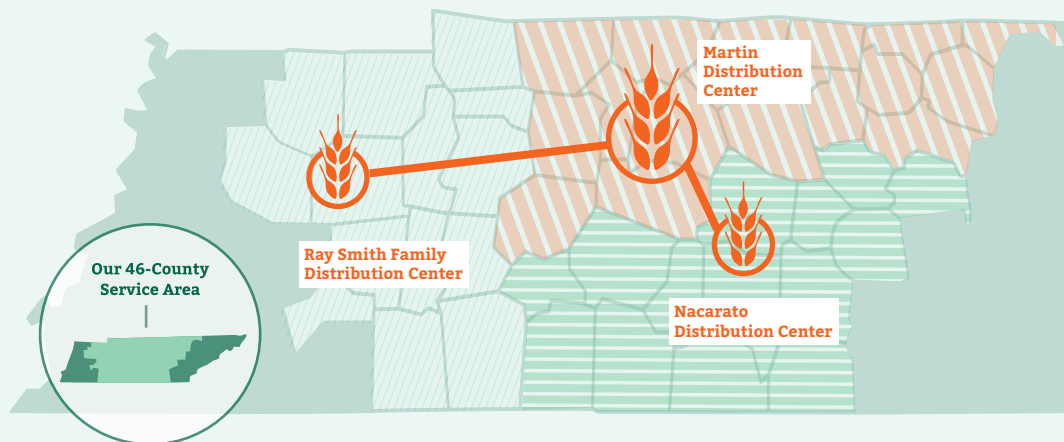
Proximity

For a person staring at empty cupboards, help can't come fast enough. We're shortening the path from food source to client by adding locations in Benton and Rutherford counties.



Community Engagement

Being in more communities makes it easier for volunteers outside the Nashville area to work with us and help their local communities. A larger pool of volunteers will save money for Second Harvest, meaning those funds can go directly toward getting food to hungry neighbors.



Our Plan for a Stronger Tennessee

We've made a lot of progress together. But there are still 34 million meals missing from tables in Middle and West Tennessee annually. We can't leave these people behind. Your support of our capital campaign is essential to close that meal gap.

The Martin Distribution Center Nashville



Status: Open,
in progress

The Nacarato Distribution Center Smyrna



Status: Open,
in progress

The Ray Smith Family Distribution Center Camden

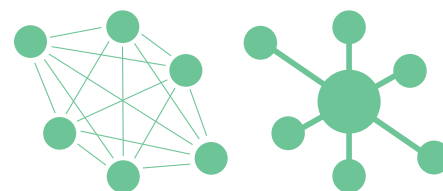


Status: Open,
in progress

A New Way to Work

Second Harvest formerly relied on a distribution system that would transfer food from one point to the next — a basic point-to-point delivery of food.

We're adopting a hub-and-spoke distribution method, which improves food delivery to our clients, increases efficiency, reduces costs and waste, and boosts grocery rescue.



Point-to-Point

Hub and Spoke

With your help, we can make this happen! Visit secondharvestmidtn.org/future to donate to our campaign!



Questions?

Contact Nancy Keil-Culbertson at (816) 914-8901 or Nancy.Keil-Culbertson@secondharvestmidtn.org

Farewell, Jaynee!

Jaynee K. Day has led Second Harvest since 1988. She has slept in the warehouse to protect food from looters. She has mobilized large-scale community response during emergencies such as the 2010 flood. But most of those 31 years have been spent doggedly pounding the pavement, advocating for our hungry neighbors.

She may be retiring, but her spirit, commitment, and tenacity will continue to inspire us all. Thank you, Jaynee, for giving so much of yourself to Middle Tennessee. We are all better for it.



Not all food is equal. Jaynee led the charge to increase clients' access to nutritious food – especially fresh produce. This included launching Mobile Pantries, which help more than 160,000 people annually.

A LOOK BACK



When Jaynee started at Second Harvest in 1988, she led a full-time staff of less than ten (compared to more than 100 today).



After the Gulf War ended in 1991, the military donated enormous amounts of leftover canned tomato paste. Jaynee worked with Vietti Foods to invent Project Preserve, turning that paste into tomato soup. Today, Project Preserve supplies nutritious food to 180 food banks nationwide.



Jaynee's legacy includes the current capital campaign to fund distribution centers in Smyrna and Camden, and expand the Nashville facility.



Whether she's on stage at the Ryman Auditorium or in a one-on-one meeting, Jaynee's passion for feeding hungry people always shines through.

Thanks to our **DONORS!**

Second Harvest is so grateful for last quarter's extensive community support.
Thanks to all of you for your volunteer hours, financial contributions,
and donated food, goods, and services!

Thank you to these organizations for generous food donations

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Grab the Gold

Hattie B's LLC
HCA/TriStar
Henrietta Red LLC
Hood Container Corporation
Humana
iostudio, LLC
Jackson National Community Fund
James Madison University
Joe C. Davis Foundation
Johnson Controls
Kendall Berry Charitable Trust
KPMG LLP
KraftCPAs PLLC
LBMC
Lee Company
Legends Corner, Inc.
LifePoint Health
Lochinvar Corp.
Macy's Foundation Matching Gift Program
Making Change
MARS Petcare
Mercedes-Benz of Nashville
Metropolitan Government of Nashville and Davidson County
Miles and Music Foundation
Nationwide Express, Inc.
Newell
Nordstrom
Occidental Chemical Corporation
Ole South Properties
Oracle +NetSuite
Pac-Van, Inc.
Piedmont Natural Gas Foundation
Pinnacle Financial Partners
Produce Alliance
Propak Corporation
R.C. Mathews Contractor, LLC
Ray C McKinley Family Foundation
Retech Enterprises LLC
RSS Roofing Services & Solutions
Rutherford County Farm Bureau
S.M. Lawrence
Saint Thomas Health Services
Sandra Schatten Foundation
Schneider Electric Foundation
Sherrard, Roe, Voight, Harbison
Skanska USA Building, Inc.
SoBro Self Storage
Southeast Financial Federal Credit Union

Southminster Presbyterian Church
State of Tennessee Department of Human Services
SYSCO
Taste of the NFL
Tennessee Farmers' Cooperative
Tennessee Game Players Assoc.
Tennessee Titans Foundation
Tennessee Valley Authority
The Blum Family Foundation
The HCA Foundation
The Hunt Family Foundation of Nashville, Tennessee, Inc.
The Kimberly Family Foundation
The Kroger Company Foundation
The Memorial Foundation
The Stage on Broadway, Inc.
The Steven and Laurie Eskind Family Foundation
Travelers Community Connections
Tyson Foods, Inc.
UBS Match Program
United Healthcare Community Plan of TN
United Healthcare Services, Inc.
United Parcel Service
United Way of Metropolitan Nashville
United Way of Rutherford and Cannon Counties
United Way of the Midlands
United Way of Williamson County
United Way of Wilson County and the Upper Cumberland
V. Alexander & Company, Inc.
Vizient
Volkert, Inc.
W.C. Lockhart Heirs Rental
Waller Lansden Dortch & Davis
Westminster Presbyterian Church
Wilson Bank & Trust
Woodmont Christian Church
Zeitlin Sotheby's International Realty
Zwanenberg Food Group Inc.

Gifts made between Feb. 1 and April 30, 2019