

# Every meal has a story.

With every one of the 26 million meals provided by Second Harvest Food Bank of Middle Tennessee in Fiscal Year 2016, there is a story of gratitude and hope.

Each story begins with you because you made it all possible. You made a difference whether it was contributing funds, volunteering hours or donating food. Your generosity gave hope to children, families and seniors facing hunger.

At just 10 years old, Mya dreams of being a doctor, but she was struggling in school because she wasn't getting enough to eat at home to help her learn and grow. The time you volunteered assembling BackPacks provided her with easy-to-prepare food to eat on weekends when other food resources were unavailable.

Miranda is balancing work and a demanding college schedule while taking care of her young daughter and helping her mother, who is awaiting an organ transplant. The dollars you graciously gave allowed her family to access much-needed fresh groceries at a Mobile Pantry distribution held at her local Second Harvest Partner Agency.

As a senior with high blood pressure living on a fixed income, Charles found himself forced to choose between paying for food and medicine. The food items you donated filled an Emergency Food Box with nutrient-rich staple foods that Charles needed to help stabilize his diet-related illness and allowed him to afford his medicine.

This report highlights a variety of numbers illustrating our operational efficiency and exceptional growth, but it is your dedication and support that complete the story. We are so grateful for the role you play in changing the lives of our hungry neighbors. Thank you for fighting hunger and feeding hope.

Sincerely,

**Jeff Warne** *Board Chair* 

**Jaynee Day** *President & CEO* 



# **OUR MISSION**

To feed hungry people and work to solve hunger issues in our community.



#### **BOARD OF DIRECTORS**

JULY 1, 2015 - JUNE 30, 2016

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#### **MEALS PROVIDED**



23,350,433

2013/2014

24,399,827

2014/2015

26,341,924

2015/2016



#### **VOLUNTEER CONTRIBUTIONS**

# **We Rely on Volunteers**

Last year, more than 35,000 volunteers provided 89,000 hours of valuable service to our community. Our volunteers sort and pack food donations, prepare BackPacks for hungry children, assemble senior and family boxes for emergency food assistance, glean fresh food from local farms, and distribute food at Mobile Pantries. They also assist with administrative support and special events. In total, the value of Second Harvest volunteers' time and talent is over \$2 million\*.







**78,500** 

2013/2014

HOURS 2014/2015 89,000 HOURS 2015/2016

% OF EVERY DOLLAR THAT GOES INTO PROGRAMS



**95.7%** 2013/2014



**96%** 2014/2015



96.2%

<sup>\*</sup>Based on the Independent Sector's 2015 National Value of Volunteer Time - most recent data available.



# **FEEDING PROGRAMS**

#### **AT-RISK AFTERSCHOOL MEAL PROGRAM**

Second Harvest sponsors 18 At-Risk Afterschool Programs in Middle Tennessee and provided more than 60,000 meals to participating children. The program runs for 10 months during the school year and food costs are reimbursed through the Child & Adult Care Food Program (CACFP).

#### **BACKPACK PROGRAM**

The BackPack Program provides easy-to-prepare food for at-risk children on weekends and during school breaks when other resources are not available. More than 5,200 children received BackPacks each week.

#### COMMUNITY PARTNER AGENCIES

Second Harvest distributes food and other products to 490 Community Partner Agencies in Middle and West Tennessee. Partners include

food pantries, soup kitchens, shelters, child care facilities, senior centers, group homes and enrichment centers.

#### **EMERGENCY FOOD BOX PROGRAM**

The Emergency Food Box Program provides food assistance to individuals and families on an urgent-need basis through 16 sites in Davidson County. More than 110,000 people received an Emergency Food Box, which includes two to three days' worth of staple food items based on the number of people in the household.

#### **FARM TO FAMILIES**

The Farm to Families Program engages farmers, community volunteers and Partner Agencies to supply local, healthy and nutritious food to those in need. ensuring less food goes to waste. We sourced more than 1.5 million pounds of food from farms within 800 miles of Nashville.

**KIDS CAFE** Kids Cafe provides free meals, snacks and nutrition education to at-risk children through a variety

of community programs during the school year and in the summer months. More than 141,000 meals and snacks were provided to participating children.

#### **MIDDLE TENNESSEE'S TABLE** (GROCERY RESCUE) Second Harvest rescues,

sorts and distributes frozen meat, dairy, produce and dry groceries from 224 grocery stores and food donors. The grocery rescue efforts resulted in 9 million pounds of food.

#### **MOBILE PANTRY**

Second Harvest coordinates large-scale, one-day distributions with Partner Agencies to provide food directly to individuals and families in need. A typical Mobile Pantry provides one to two weeks' worth of groceries to approximately 250 families. More than 200,000 people received assistance through this program.

### **PROJECT PRESERVE®**

Project Preserve® leverages economies of scale,

expertise to provide a comprehensive co-op and manufacturing program for Partner Agencies and the Feeding America network of food banks. This operation produces boil-ina-bag and tray-pack meals and assembles custom disaster relief and feeding program products.

#### **SCHOOL FOOD PANTRY PROGRAM** The School Food Pantry

Program increases food access for schoolchildren and their families. School-

manufacturing and logistics based pantries may have a permanent residence within a school or may operate through a mobile distribution where food is brought to the school campus and distributed each month. More than 150,000 meals were provided through 28 sites.

### **SENIOR NUTRITION PROGRAM**

The Senior Nutrition Program provides lowincome seniors with food resources that are nutritious, easy-to-prepare and shelf

stable. The "senior packs" are distributed weekly or monthly depending on our Partner Agency needs.

#### **SUMMER FOOD SERVICE PROGRAM** (SFSP)

Second Harvest sponsors the Summer Food Service Program (SFSP) at sites throughout Middle Tennessee each summer. Through this program, we provided 34,000 breakfasts, lunches and suppers to help ensure that low-income children continued to receive nutritious meals when school was not in session.

#### **SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) OUTREACH**

Second Harvest offers SNAP outreach and application assistance at our Emergency Food Box sites, Mobile Pantry distributions and Partner Agency locations. We share information about the benefits and provide prescreening for people who may qualify.



# Keora, Jaquez and Jaquez Jr.

Keora and Jaquez were thrilled to welcome their son, Jaquez Jr., into the world. But among all their expenses, they've often faced difficult choices like whether to pay bills or buy food. Jaquez takes any work he can get. "He would do anything for the family," Keora says proudly. In times of need, they turn to Manna Café Ministries, their local Second Harvest Partner Agency in Clarksville, for food and fellowship. "I do not let my pride get in the way when we truly need help most," says Keora.



#### Devin

The Big Sandy Christian Community Outreach Center (CCOC) in Benton County is one of our Summer Food Service Program (SFSP) sites, which provides meals to kids like Devin during the summer months when school meals are not available. According to the staff at the Second Harvest Partner Agency, for 50 percent or more of the children they serve, the meals received during the summer program may be the only meals the kids eat all day. "We couldn't do it without Second Harvest," says Wendy, a staff member at Big Sandy CCOC.



#### Louise

Louise retired some years ago, after having back surgery and open-heart surgery that hindered her ability to return to work. Her husband passed away after a heart attack, and she now lives alone. But she doesn't let the difficult times get her down. She channels her energy into a passion for cooking. She says, "I dream about food at night!" When Louise finds herself in need, she visits the pantry at her local Second Harvest Partner Agency, United Ministries, in Springfield. "It helps me out a lot," she says.



#### **Keith and Arlene**

When Arlene and her husband, Keith, found themselves unable to make ends meet, they turned to Second Harvest's Emergency Food Box Program at the Salvation Army in Nashville. "If we didn't have this to fall back on, I don't know what we would do," says Keith. Arlene served in the Army for 23 years, but she is now retired and disabled. Keith works full time but was recently hospitalized with sepsis, making it harder for them to provide enough food for their two children. "Without the community support, we would not survive," says Arlene.



#### Maria, Allison and Kevin

Allison and her brother, Kevin, both benefit from our School Food Pantry Program at McMurray Middle School in Nashville. The food they receive through the school-based pantry gives them the nutrition they need to learn and grow. Even at the young age of 8, Allison knows that it's important for girls and boys like her and Kevin to eat fruits and vegetables "so we can get stronger, be very healthy and not get sick," she says. And their mom, Maria, says, "It gives us food to survive."



#### **Anita**

"I've always wanted to provide for myself, but sometimes I can't," says Anita. She does her best to support her daughter, but doesn't always have enough money left over after paying bills to afford basic expenses, like a trip to the grocery store. One day she stumbled upon Wilson County Community Help Center, a Second Harvest Partner Agency in Lebanon. Anita receives nutritious groceries from the center's food pantry, and she recently landed a part-time job coordinating the store's operations. "It's a helping hand," she says. "And everybody needs help once in a while."



### **Kayla and Ava**

As a mom, Kayla is thankful there is a place she can go to help put food on the table for her little girl. They live in a rural community where the closest grocery store is 17 miles away, and Kayla can't afford to make the drive very often. The food they receive through Second Harvest's Mobile Pantry at Midland Baptist Church in Bell Buckle provides them with the healthy options Kayla can rarely afford with her limited income. "Thank you," she says. "Every little bit counts."



# **Omari, Tatiyanna and Brylea**

More than 60 children, including Omari, Tatiyanna and Brylea, participate in Second Harvest's BackPack Program at Bordeaux Elementary in Nashville. "It gives them the opportunity to have something to take home and have on the weekends when they may not have food in the house," says Joshua Jacobs, director of the Family Resource Center at the school. Because nearly every child at the school comes from a low-income household, this program is a real help. "The BackPack Program and Second Harvest are giving these kids the resources they need to be successful," Joshua says.

# **Proudly Serving 46 Counties in Middle and West Tennessee**

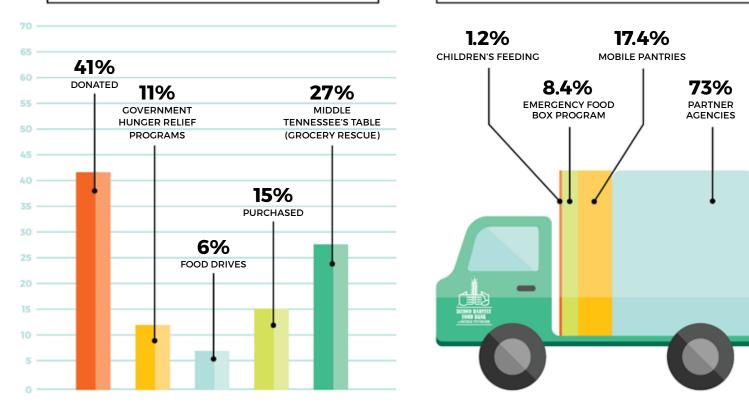
	COUNTY	Partner Agencies	Food-Insecure Individuals	Food-Insecure Children	Total Meals Provided	
b	BEDFORD	13	6,760	3,160	353,340	
è	BENTON	5	2,610	910	309,716	
	CANNON	2	1,890	750	141,110	
	CARROLL	8	4,900	1,600	397,248	
7	СНЕАТНАМ	8	4,600	2,150	293,256	
*	CHESTER	3	2,720	870	138,257	
	CLAY	2	1,270	430	131,157	
h	COFFEE	11	8,030	3,340	395,217	
-	DAVIDSON	154	112,050	30,390	6,871,656	
Į.	DECATUR	3	1,870	680	197,601	
*	DEKALB	4	2,750	1,030	240,448	
	DICKSON	10	6,760	2,810	315,357	
	FRANKLIN	4	5,480	2,030	265,294	
	GIBSON	9	8,870	3,140	604,763	
1	GILES	6	4,430	1,450	367,429	
	HARDIN	6	4,240	1,550	470,490	
4	HENDERSON	6	4,580	1,850	299,063	
	HENRY	4	5,220	1,820	225,438	
	HICKMAN	3	3,470	1,340	276,850	
-	HOUSTON	2	1,400	560	132,392	
*	HUMPHREYS	4	2,620	1,020	315,462	
	JACKSON	2	1,830	680	570,375	
	LAWRENCE	8	6,410	2,780	465,381	

	COUNTY	Partner Agencies	Food-Insecure Individuals	Food-Insecure Children	Total Meals Provided	
44	LEWIS	3	1,840	670	375,124	
	LINCOLN	6	4,470	1,780	318,288	
	MACON	5	3,270	1,400	284,587	
4	MARSHALL	8	4,250	1,730	386,226	
	MAURY	19	12,050	4,480	790,554	
	MONTGOMERY	20	29,310	11,060	1,758,147	
*	MOORE	1	740	310	75,555	
	OVERTON	5	3,370	1,430	519,929	
*	PERRY	2	1,270	500	215,041	
	PICKETT	3	750	250	28,658	
*	PUTNAM	19	12,040	4,100	659,557	
	ROBERTSON	12	8,040	3,460	497,161	
-	RUTHERFORD	21	37,250	13,450	2,669,305	
•	SMITH	1	2,540	1,040	229,859	
	STEWART	6	1,980	760	193,832	
	SUMNER	22	19,940	8,050	1,215,932	
	TROUSDALE	4	1,200	420	64,685	
	WARREN	6	5,790	2,430	273,642	
1	WAYNE	4	2,670	940	184,195	
4	WEAKLEY	4	6,120	1,820	255,487	
	WHITE	5	4,000	1,560	239,710	
•	WILLIAMSON	14	15,940	8,110	696,313	
	WILSON	22	13,560	5,620	632,837	
	TOTALS	489	397,150	141,710	26,341,924	





### WHERE OUR FOOD GOES



# **Statement of Activities**

for the year ended June 30, 2016

PUBLIC SUPPORT AND REVENUE	Unrestricted	Temporarily Restricted	Totals
Donated food	\$38,110,438	-	\$38,110,438
Contributions	7,258,289	4,467,171	11,725,460
Government grants	3,811,535	-	3,811,535
Shared maintenance fees	605,765	-	605,765
Culinary arts center	209,058	-	209,058
Special events and activities	705,006	-	705,006
Less: direct benefits to donors	(234,945)	-	(234,945)
Investment income	29,368	-	29,368
Agency transportation reimbursement	224,965	-	224,965
Other income	51,648	-	51,648
Net assets released in satisfaction of program restrictions	1,301,045	(1,301,045)	-
TOTAL PUBLIC SUPPORT AND REVENUE	52,072,172	3,166,126	55,238,298
REVENUE - PROJECT PRESERVE® PROGRAM  Sales to out-of-area network agencies, net of discount	28,002,773	_	28,002,773
Sales to local agencies	2,088,748	_	2,088,748
Donated food and services	303,121	_	303.121
TOTAL REVENUE - PROJECT PRESERVE® PROGRAM	30,394,642	_	30,394,642
LESS DIRECT COSTS AND EXPENSES - PROJECT PRESERVE® PROGRAM	(28,933,292)	_	(28,933,292)
GROSS PROFIT FROM PROJECT PRESERVE® PROGRAM	1,461,350	-	1,461,350
TOTAL SUPPORT AND REVENUE	53,533,522	3,166,126	56,699,648
EXPENSES			
Program services:			
Emergency Food Box	4,969,097	-	4,969,097
Community Food Partners	42,279,803	-	42,279,803
Children's Programs	1,977,640	-	1,977,640
Culinary Arts Center	534,109	-	534,109
Total Program Services	49,760,649		49,760,649
Supporting services:			
Management and general	896,622		896,622
Fundraising	2,230,040		2,230,040
Total Supporting Services	3,126,662	-	3,126,662
TOTAL EXPENSES	52,887,311	-	52,887,311
CHANGE IN NET ASSETS	646,211	3,166,126	3,812,337
NET ASSETS - BEGINNING OF YEAR	10,655,933	3,762,289	14,418,222
NET ASSETS - END OF YEAR	\$11,302,144	\$6,928,415	\$18,230,559

Second Harvest Food Bank of Middle Tennessee 331 Great Circle Road Nashville, TN 37228 secondharvestmidtn.org

